

**Bike clothes**

Shorts \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Jerseys \_\_\_\_\_  
 Short-sleeve \_\_\_\_\_  
 Long-sleeve \_\_\_\_\_  
 Sleeveless \_\_\_\_\_  
 Socks \_\_\_\_\_  
 Arm warmers \_\_\_\_\_  
 Leg warmers \_\_\_\_\_  
 Jacket \_\_\_\_\_  
 Rain \_\_\_\_\_  
 Lightweight \_\_\_\_\_  
 Rain pants \_\_\_\_\_  
 Gloves \_\_\_\_\_  
 Regular \_\_\_\_\_  
 Long \_\_\_\_\_  
 Glasses \_\_\_\_\_  
 Sun \_\_\_\_\_  
 Clear \_\_\_\_\_  
 Shoes \_\_\_\_\_  
 Booties \_\_\_\_\_  
 Vest \_\_\_\_\_  
 Light \_\_\_\_\_  
 Fleece \_\_\_\_\_  
 Ear warmers \_\_\_\_\_  
 Bandana \_\_\_\_\_  
 Chamois butter \_\_\_\_\_

**Bike/Bag**

Water bottle \_\_\_\_\_  
 Bike wallet \_\_\_\_\_  
 Helmet \_\_\_\_\_  
 Mirror \_\_\_\_\_  
 Cell phone + battery \_\_\_\_\_

**Camping**

Towel \_\_\_\_\_  
 Washcloth \_\_\_\_\_  
 Flashlight \_\_\_\_\_  
 Hanger for in tent \_\_\_\_\_  
 \_\_\_\_\_  
 Ear plugs \_\_\_\_\_  
 Sleeping bag \_\_\_\_\_  
 \_\_\_\_\_  
 Pillow \_\_\_\_\_  
 Thermarest \_\_\_\_\_  
 Tent \_\_\_\_\_  
 Ground cloth \_\_\_\_\_  
 Clothes pins & line \_\_\_\_\_  
 Chair \_\_\_\_\_

**Regular clothes**

Boxers \_\_\_\_\_  
 Socks \_\_\_\_\_  
 \_\_\_\_\_  
 Long pants \_\_\_\_\_  
 Shorts \_\_\_\_\_  
 T-shirts \_\_\_\_\_  
 Short-sleeve \_\_\_\_\_  
 Long-sleeve \_\_\_\_\_  
 Sweatshirt \_\_\_\_\_  
 \_\_\_\_\_  
 Tennies \_\_\_\_\_  
 Sandals \_\_\_\_\_  
 \_\_\_\_\_  
 Swimsuit \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Personal**

Neosporin \_\_\_\_\_  
 Sunscreen \_\_\_\_\_  
 \_\_\_\_\_  
 Advil \_\_\_\_\_

**Miscellaneous**

Shower caps \_\_\_\_\_  
 Plastic bags \_\_\_\_\_  
 Camera \_\_\_\_\_  
 Book \_\_\_\_\_  
 Pen/paper \_\_\_\_\_  
 Stamps \_\_\_\_\_  
 Ride info \_\_\_\_\_  
 Batteries \_\_\_\_\_  
 \_\_\_\_\_  
 Tubes \_\_\_\_\_  
 Pump \_\_\_\_\_  
 Bike lock & key \_\_\_\_\_

**Bike clothes**

Shorts \_\_\_\_\_  
 Knickers \_\_\_\_\_  
 Bras \_\_\_\_\_  
 Jerseys \_\_\_\_\_  
 Short-sleeve \_\_\_\_\_  
 Long-sleeve \_\_\_\_\_  
 Sleeveless \_\_\_\_\_  
 Socks \_\_\_\_\_  
 Arm warmers \_\_\_\_\_  
 Leg warmers \_\_\_\_\_  
 Jacket \_\_\_\_\_  
 Rain \_\_\_\_\_  
 Lightweight \_\_\_\_\_  
 Rain pants \_\_\_\_\_  
 Gloves \_\_\_\_\_  
 Regular \_\_\_\_\_  
 Long \_\_\_\_\_  
 Glasses \_\_\_\_\_  
 Sun \_\_\_\_\_  
 Clear \_\_\_\_\_  
 Shoes \_\_\_\_\_  
 Booties \_\_\_\_\_  
 Vest \_\_\_\_\_  
 Light \_\_\_\_\_  
 Fleece \_\_\_\_\_  
 Ear warmers \_\_\_\_\_  
 Bandana \_\_\_\_\_  
 Chamois butter \_\_\_\_\_

**Bike/Bag**

Camelback \_\_\_\_\_  
 Water bottle \_\_\_\_\_  
 Bike wallet \_\_\_\_\_  
 Helmet \_\_\_\_\_  
 Mirror \_\_\_\_\_  
 Cell phone + battery \_\_\_\_\_

**Camping**

Towel \_\_\_\_\_  
 Washcloth \_\_\_\_\_  
 Flashlight \_\_\_\_\_  
 Hanger for in tent \_\_\_\_\_  
 Headlamp \_\_\_\_\_  
 Ear plugs \_\_\_\_\_  
 Sleeping bag \_\_\_\_\_  
 Sheet \_\_\_\_\_  
 Pillow \_\_\_\_\_  
 Thermarest \_\_\_\_\_  
 Tent \_\_\_\_\_  
 Ground cloth \_\_\_\_\_  
 Clothes pins & line \_\_\_\_\_  
 Chair \_\_\_\_\_

**Regular clothes**

Undies \_\_\_\_\_  
 Bras \_\_\_\_\_  
 Sock \_\_\_\_\_  
 PJ's \_\_\_\_\_  
 Long pants \_\_\_\_\_  
 Shorts \_\_\_\_\_  
 T-shirts \_\_\_\_\_  
 Short-sleeve \_\_\_\_\_  
 Long-sleeve \_\_\_\_\_  
 Sweatshirt/sweater \_\_\_\_\_  
 Fleece vest \_\_\_\_\_  
 Tennies \_\_\_\_\_  
 Sandals \_\_\_\_\_  
 Parka \_\_\_\_\_  
 Gloves \_\_\_\_\_  
 Swimsuit \_\_\_\_\_  
 Bracelet \_\_\_\_\_  
 Earrings \_\_\_\_\_

**Personal**

Black bag \_\_\_\_\_  
 Neosporin \_\_\_\_\_  
 Sunscreen \_\_\_\_\_  
 Pills \_\_\_\_\_  
 Inhaler \_\_\_\_\_  
 Aleve/Naproxin \_\_\_\_\_

**Miscellaneous**

Shower caps \_\_\_\_\_  
 Plastic bags \_\_\_\_\_  
 Camera/film \_\_\_\_\_  
 Book \_\_\_\_\_  
 Pen/paper \_\_\_\_\_  
 Stamps \_\_\_\_\_  
 Ride info \_\_\_\_\_  
 Batteries \_\_\_\_\_  
 Calendar \_\_\_\_\_  
 Tubes \_\_\_\_\_  
 Pump \_\_\_\_\_  
 Bike lock & key \_\_\_\_\_  
 Laundry bag \_\_\_\_\_  
 Heart rate monitor \_\_\_\_\_